

IDMR FACILITIES GUIDELINES

The IDMR International Board is providing this information to the branches as a guide to assist while conducting in-person classes. The use of this information is not required or mandatory.

For questions or concerns regarding this document or our IDMR COVID-19 measures, please contact the IDMR International COVID-19 Team at: covid19@idmr.net.

BRANCH TRAVEL – VISITATION

Based on the current COVID community spread condition nationwide (HIGH), it is recommended that travel to other branch schools be limited and strictly controlled to ensure safe management of the class environment. Members intending to travel and visit a branch school should contact the branch to determine the branch's visitation policy. Travel-related quarantine may be required as indicated in the IDMR Self-Check COVID-19 Screening prior to attending class at your destination.

The branch dean maintains full discretion to waive any travel, or other IDMR quarantine requirements or recommendations as listed or stated. First-time visitors should continue to be able to visit the branches providing that the first-time visitor abides by the established COVID-19 guidelines.

TRAVEL TO INTERNATIONAL HEADQUARTERS (This guidance may be used for branch travel as well):

Please refer to the following guidance for testing prior to traveling to International Headquarters Branch:

- COVID-19 PCR Testing 3 days prior to departure from home (with negative results) OR
- COVID-19 RAPID or PCR testing upon arrival in Los Angeles/at your destination (with negative results).

BRANCH MEMBER VACCINES AND VACCINATION STATUS

The IDMR may ask members for their vaccination status. This information may be useful in carrying out the business of a branch. However, if a member refuses to provide their vaccination status upon request, the member may still attend class. The IDMR does not currently have any policy that prohibits anyone from attending class for refusing to provide their vaccination status.

BRANCH PRE-ARRIVAL HEALTH SCREENING

Prior to attending any class session, it is recommended that all members complete the IDMR Self-Check Screening which is available via the IDMR website (idmr.net) or the paper PDF version. The screening document should be kept at home by the member as it will not be required as proof to enter class.

The Self-Check Screening may replace the in-person screening upon entrance at the class if the Self-Check Screening is completed honestly and diligently by the member. If you are experiencing any new or unexplained symptoms prior to attending class, please do not attend class regardless of test or vaccination status.

BRANCH MEMBER POSITIVE COVID-19 TEST

If a branch member tests positive for COVID-19 or develops any new or unexplained COVID-19 symptoms at any time, the member is requested to notify the branch COVID-19 team or the branch designee.

FACE COVERINGS / MASKS

Upon arrival at the class facility, masks should be worn at all times unless otherwise indicated by the dean (or designee). Preferred mask types are N95, KN95 and surgical masks. **Masks that are not recommended due to their ineffectiveness include: Masks with valves, bandannas, gaiters, single-layer cloth material. Face shields are also not recommended EXCEPT if worn with a preferred mask type as listed above.** For more information regarding face coverings and masks, please visit: Your Guide to Masks by the CDC at <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>.

SOCIAL DISTANCING

When possible, efforts should be made to maintain social distance while in lobbies and other areas around the class except when seated. Embracing and handshakes are discouraged.

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BRANCH CONTACT TRACING

Branch Contact Tracing is an essential tool in maintaining the health and safety of branch members. Please be aware of the areas in which you are seated and the neighboring members who are seated around you.

- Your branch may have numbers and/or lettering systems to identify sections or rows. Please be aware of where you are seated. This will aid in our contact tracing efforts if the need arises.

If you were exposed to a member who tested positive, you may be notified of exposure via phone call, text message, email or announcement. If notified that you have been exposed, please follow the directions for exposure as listed in the IDMR Facilities COVID-19 Screening.

Upon notification, the COVID-19 team may request additional information from the infected member(s), including permission to use the member's name to help class members identify possible additional exposures. These efforts will be essential in helping the branches continue to function as safely as possible.

COMMITTEES' FUNCTIONS

All functioning committee members should be vaccinated to ensure the safe functioning of the class. Unvaccinated committee members are subject to removal from their respective committee until they are fully vaccinated.

- Due to the current (HIGH) level of community transmission of COVID-19, the International Superintendent recommends that branch choirs do not perform until community transmission rates fall below HIGH or SIGNIFICANT. The current community transmission rates could present a higher risk of COVID transmission during choir performances.
- In-person publications committee services may be contactless when possible.
- The branches' donation procedures may include contactless donations. Members are allowed to make donations while attending class via normal drop-box procedures in lieu of in-person payments.
 - Normal drop-box pick-up procedures shall continue to be in place for the responsible officer and committee members.

BRANCH CLEANING

It is recommended that each branch be disinfected routinely, after every building use, to ensure a clean and safe classroom environment.

Branches where speakers are called in a live environment should consider, when possible, utilizing disinfected microphones, pointers, and podium between speakers.

Branch restrooms may be equipped with the proper cleansing items, including paper towels, soap, water, toilet paper, toilet seat covers, and other items as deemed necessary.

Branch restrooms should not be used for congregating before, during or after class. Restroom occupancy should be limited to the number of available stalls (not including a parent of multiple small children).

IF IN DOUBT, STAY HOME

Although the Los Angeles and Banning Branches have resumed classes as scheduled, MP3's and MP4's will still be made available to the membership as usual. If an active member must quarantine away from class, the member shall continue to receive MP3 and MP4 files without interruption.

RETURNING TO CLASS

The IDMR International Board of Trustees is providing this information to the branches as a guide to assist while conducting in-person classes. The use of this information is not required or mandatory.

ISOLATION: PERIOD OF TIME AWAY FROM OTHERS FOR KNOWN POSITIVE COVID-19 CASES

- CDC Recommends a 10-day ISOLATION PERIOD starting with the day symptoms began.
- State and Local jurisdictions may have similar guidelines.

QUARANTINE: PERIOD OF TIME AWAY FROM OTHERS AFTER BEING EXPOSED TO AN INFECTED PERSON

- CDC Recommends a 14-day QUARANTINE PERIOD for unvaccinated persons who were exposed to an infected person.
- State and Local jurisdictions may require less quarantine time.
- ❖ **Please be mindful of your local quarantine guidance before returning to class.**

If you have had symptoms consistent with COVID-19 or have tested positive for COVID-19, DO NOT physically return to class until you have completed your quarantine period,

(<https://www.cdc.gov/coronavirus/2019-ncov/if-you-aresick/quarantine.html>) or isolation (<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html>) per CDC guidance. Read more about when it is safe to be around others (<https://www.cdc.gov/coronavirus/2019ncov/ifyou-are-sick/end-home-isolation.html>).

If you have a chronic, medical condition that causes COVID-19-like symptoms and you need to access an IDMR facility, please contact the local dean (or designee).

If you have been in close contact with someone with COVID-19 and you are not fully vaccinated, you should stay home and self-quarantine for 14 days before returning to class. Read more about when you should be in isolation or quarantine (<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>).

If you have been in close contact with someone with COVID-19 and you are fully vaccinated, you should stay home and get tested 3-5 days after your exposure, even if you don't have symptoms. Read more about what to do if you've had a close contact and are fully vaccinated (<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html>).

If you are currently isolating or quarantining because of concerns about COVID-19, please do not return to the class until you have completed your quarantine (<https://www.cdc.gov/coronavirus/2019-ncov/if-you-aresick/quarantine.html>) or isolation (<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html>) per CDC guidance.

If you are waiting on the results of a COVID-19 test due to the onset of new symptoms, please do not return to the class until you have received a NEGATIVE PCR test result and have completed any necessary quarantine or isolation per your local branch and/or CDC guidance.

If you have additional questions about when you can safely return to class, please contact your local COVID-19 Team or branch designee.

If you have additional questions or concerns about IDMR COVID-19 GUIDANCE, please contact the International COVID-19 Team: covid19@idmr.net.

For information about COVID-19 and basic instructions to prevent the spread of disease, visit the following:

- The official IDMR website: <https://idmr.net/Coronavirus/Coronavirus.htm>
- CDC's COVID-19 website: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>